

3rd Sunday before Lent – February 16, 2025

WELCOME

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you.

And also with you

PRAYER OF PREPARATION

Almighty God, to whom all hearts are open all desires known and from whom no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Jesus Christ our Lord. Amen

Psalm 30

- ¹ I will exalt you, Lord,
for you lifted me out of the depths
and did not let my enemies gloat over me.
- ² Lord my God, I called to you for help,
and you healed me.
- ³ You, Lord, brought me up from the realm of the dead; you spared me from going down to the pit.
- ⁴ Sing the praises of the Lord, you his faithful people; praise his holy name.
- ⁵ For his anger lasts only a moment,
but his favour lasts a lifetime;
weeping may stay for the night,
but rejoicing comes in the morning.
- ⁶ When I felt secure, I said,
“I will never be shaken.”
- ⁷ Lord, when you favoured me,
you made my royal mountain ^{sq} stand firm;
but when you hid your face,
I was dismayed.
- ⁸ To you, Lord, I called;
to the Lord I cried for mercy:
- ⁹ “What is gained if I am silenced,
if I go down to the pit?
Will the dust praise you?
Will it proclaim your faithfulness?”
- ¹⁰ Hear, Lord, and be merciful to me;
Lord, be my help.”
- ¹¹ You turned my wailing into dancing;
you removed my sackcloth and clothed me with joy,
- ¹² that my heart may sing your praises and not be silent. Lord my God, I will praise you forever.

Glory to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now and shall be forever. Amen

SONG: Glorious things of thee are spoken
127

CONFESSION

God so loved the world
that he gave his only Son, Jesus Christ
to save us from our sins,
to be our advocate in heaven,
and to bring us to eternal life.

Silence (personal confession)

Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

**Almighty God, our heavenly Father,
we have sinned against you and against
our neighbour in thought and word and
deed, through negligence, through
weakness, through our own deliberate
fault.**

**We are truly sorry and repent of all our
sins.**

**For the sake of your Son Jesus Christ,
who died for us, forgive us all that is past
and grant that we may serve you in
newness of life to the glory of your name.
Amen.**

ABSOLUTION:

Almighty God,
who forgives all who truly repent,
have mercy upon *you (us)*,
pardon and deliver *you (us)* from all *your
(our)* sins, confirm and strengthen *you (us)* in
all goodness, and keep *you (us)* in life eternal;
through Jesus Christ our Lord. **Amen.**

Song

In the darkness we were waiting

Without hope, without light
'Til from Heaven You came running
There was mercy in Your eyes
To fulfil the law and prophets
To a virgin came the word
From a throne of endless glory
To a cradle in the dirt.

**Praise the Father, praise the Son
Praise the Spirit, three in one
God of glory, Majesty
Praise forever to the King of Kings**

To reveal the kingdom coming
And to reconcile the lost
To redeem the whole creation
You did not despise the cross
For even in your suffering
You saw to the other side
Knowing this was our salvation
Jesus for our sake you died.

And the morning that You rose
All of Heaven held its breath
'Til that stone was moved for good
For the Lamb had conquered death
And the dead rose from their tombs
And the angels stood in awe
For the souls of all who'd come
To the Father are restored
And the church of Christ was born
Then the Spirit lit the flame
Now this gospel truth of old
Shall not kneel, shall not faint
By His blood and in His name
In His freedom I am free
For the love of Jesus Christ
Who has resurrected me.

READING: Ephesians 2:11 – 22
*This is the word of the Lord:
Thanks be to God.*

COLLECT (Special Prayer):
Almighty God,
who alone can bring order
to the unruly wills and passions of sinful
humanity: give your people grace so to
love what you command and to desire
what you promise, that, among the many
changes of this world, our hearts may
surely there be fixed where true joys are to
be found;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. Amen

SONG:
Christ has made the sure foundation - 1199

GOSPEL: John 17:20 – 26
*Hear the gospel of our Lord Jesus Christ
according to...*
Glory to you, O Lord

*This is the Gospel of the Lord
Praise to you O Christ*

DISMISS CHILDREN

SERMON: The one, holy, catholic and
apostolic church

SONG: All to Jesus I surrender (1163)

CREED: (*Nicene – 1700th year anniversary*)
page 4 -book B)

INTERCESSION:
***Merciful Father accept these prayers for
the sake of your Son our Saviour, Jesus
Christ. Amen***

PEACE
We are the body of Christ, in the one Spirit we
were all baptised into one body. Let us then
pursue all that makes for peace and builds up our
common life.

The peace of the Lord be always with you.
And also with you.

Let us offer one another a sign of peace.

OFFERING: *If you prefer to contribute
through the bank: Santander Bank account
number: **91028603**; sort code: **090155**; St.
Saviour's Parochial Church Council. If you
prefer to give using the **Parish Giving
Scheme** visit their website:
<https://www.parishgiving.org.uk/home/>. We
also now have the ability to receive
contactless contributions.*

**Gracious God, for all you have given us, all
you will give us and all you give us here
and now, we offer you our thanks and
praise. Bless this offering of our money
and of ourselves to be used in your
service, through Jesus Christ our Lord.
Amen**

**PERSONAL PRAYER DURING
COMMUNION**
*During communion there will be an
opportunity to receive prayer and anointing
with oil from a member of our prayer team. If
you would like someone to pray with you,
please head to the prayer corner **AFTER**
receiving communion or blessing.*

SONG (preparation of table):
Jesus remember me... (875)

HOLY COMMUNION (Prayer A)

Blessed is the kingdom of the Father and of the Son and of the Holy Spirit now and unto the ages of ages. **Amen**

Almighty Father, as we celebrate this holy sacrament of our redemption may your Spirit fill us with the light of faith; by the grace of our Lord Jesus Christ. **Amen**

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The Lord's Prayer

Jesus taught us to call God Father, so in faith and trust we pray:

Our Father in heaven...

Breaking of the Bread

Lamb of God

Lamb of God you take away the sins of the world; have mercy on us

Lamb of God you take away the sins of the world; have mercy on us

Lamb of God you take away the sins of the world; grant us peace.

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that Jesus died for you, and feed on him in your hearts by faith with thanksgiving. **Amen**

PRAYER OF HUMBLE ACCESS (p.10)

SONG:

Let us break bread together – 330
I am the bread of life --- 200
Be glorified 666

POST-COMMUNION PRAYERS

Eternal God,
whose Son went among the crowds
and brought healing with his touch:
help us to show his love,
in your Church as we gather together,
and by our lives as they are transformed
into the image of Christ our Lord. **Amen**

Merciful Father,
who gave Jesus Christ to be for us the bread
of life, that those who come to him should
never hunger: draw us to the Lord in faith and
love,
that we may eat and drink with him
at his table in the kingdom, where he is alive
and reigns, now and for ever. **Amen**

PRAYER OF THANKS (11):

NOTICES AND BIRTHDAYS

FINAL SONG: O for a thousand tongues –
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Blessing

May the love of God enfold you;
May the mercy of God forgive you;
May the strength of God support you;
May the joy of God overwhelm you;
May the peace of God console you;

And the blessing of God Almighty, the Father
the Son and the Holy Spirit, be with you and
remain with you now and forever. **Amen**

Go in peace to love and serve the Lord
In the name of Christ. Amen

NOTICES

1. **Tuesday morning prayer** from 9:30
 2. **Please complete an electoral roll form** if you are a regular member here. The electoral roll must be revised this year.
 3. **Forest Gate Easter Experience – March 18 and 19**, at Woodgrange Baptist church. Volunteers needed.
 4. **Next Young Christians Together** meeting - Friday March 7th at 7:30pm
 5. **Next PCC meeting** – March 20th, at 7:30pm
 6. **Lent begins with Ash Wednesday**, March 5th service at 7:30pm
 7. **Mother's Day special** service – March 30th.
 8. **Please take a copy of the Good News Newspaper.** It is a good read.
 9. Please remember to **subscribe and use the bell** if you use  **YouTube** in your  **morning and evening prayers.**
 10. **Friday fortnight bible Study on zoom every other Friday from 7:30**
 11. **Tuesday evening Bible Study each week on zoom from 8pm.**
- ALL ARE INVITED**

12. Church of England daily prayer:

<https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer>

Prayer of preparation to come to the table.

O Lord, I know that I am unworthy to receive your Holy Body and Precious Blood; I know that I am guilty, and that I eat and drink condemnation to myself, not discerning the Body and Blood of Christ my God. But trusting in your loving-kindness I come unto you because you have said: *He who eats my Body and drinks my Blood shall dwell in me and I in him.* Therefore, O Lord, have compassion on me and do not make an example of me, your sinful servant. But do unto me according to your great mercy, and grant that these Holy Gifts may be for me healing, purification, enlightenment, protection, salvation and sanctification of my soul and body, and to the expulsion of every evil imagination, sinful deed or work of the Devil. May they move me to trust in you and to love you always, to amend and keep firm my life; and increase in me every virtue, to the keeping of your Commandments, to the communion of the Holy Spirit, and as a good defence before your Judgment Seat, and for Life Eternal in Jesus Christ. Amen. *St. Basil (died 379)*

FOR THE SALVATION OF THE WORLD

Lord Jesus Christ you love this world so much that you gave your life for the salvation of this world. We pray for every man, woman and child in every corner of our world, that they will hear the gospel message and be transformed by the power of your Holy Spirit. We pray for every country on the planet, for every tribe, for every language, and for every culture to hear the message of your love for them. Raise up pastors and evangelists to bring the gospel to the far reaches of the world. Open their eyes to see Jesus, give them ears to hear and soften their hearts to turn in repentance and faith to the only one who has the power to change their lives – our Lord and Saviour Jesus Christ. We pray this is your Name Lord Jesus. Amen

PRAYER FOR THE CHURCH

God of mission, who alone brings growth to your church, send your Holy Spirit to give vision to our planning, wisdom to our actions, and power to our witness. Help our church to grow in numbers, in spiritual commitment to You, and in service to our local community, through Jesus Christ our Lord. Amen

ST. PATRICK'S PRAYER

*I arise today,
through God's strength to pilot me,
God's might to uphold me,
God's wisdom to guide me,
God's eye to look before me,
God's ear to hear me,
God's word to speak for me,
God's hand to guard me,
God's shield to protect me,
God's host to save me
From snares of devils,
From temptation of vices,
From everyone who shall wish me ill,
afar and near.*

*Christ with me, Christ before me,
Christ behind me, Christ in me,
Christ beneath me, Christ above me,
Christ on my right, Christ on my left,
Christ when I lie down, Christ when I sit down,
Christ when I arise, Christ in the heart of
everyone who thinks of me,
Christ in the mouth of everyone who speaks of
me,
Christ in every eye that sees me,
Christ in every ear that hears me. Amen*



PRAYER FOCUS:

If you would like someone to pray with you, please go to the prayer corner and a member of our prayer team will pray with you.

Please keep these and others in your prayers this week.

*For I am the Lord who heals you. Ex15:26
Cast all your cares and anxieties and worries and fears upon the LORD for he cares for you. (1 Peter 5:7)*

Roy and Pauline Haywood, Samuel and Pauline Bookal-Downes, Doreen, Noel Morris, Suriyakala Johnson, Attlee (and Revd Janetta), Jean and Walter, Monica, Sue (Daisy and family), Veronica and Chester, Dolly and Desmond, Jean Murphy, Pat and Ray Vincent, Muriel, David Martins, Veronica James, Monica and daughter (Sheryl), Radcliffe and Pauline, Andy and Anita, Una,

Ann and Richard (*in Wales*), **Kianna** – (*Ann's granddaughter*) and her stepmum – **Lucy** and brother Ian, **Spencer** (*Sophie's son*), **Jennifer**, **Kay Brown** and **Michelle** (*in Jamaica*); **Ilene** (*Hillary's mum*), **Karen** (*Hillary's sister*), **Hillary**, **Tia** (*Maxine's great grandniece*); **Marcia** (*Noel's sister whose husband passed away recently*)...

The Perfect Church

If you should find the perfect church
Without one fault or smear,
For goodness sake! Don't join that church;
You'd spoil the atmosphere.

If you should find the perfect church
Where all anxieties cease
Then pass it by, lest joining it
You'd mar the masterpiece.

If you should find the perfect church
Then don't you ever dare,
To tread upon such holy ground;
You'd be a misfit there.

But since no perfect church exists
Made of imperfect women and men,
Then let's cease looking for that church
And love the church we're in.

Of course, it's not a perfect church,
That's simple to discern
But you and I and all of us
Could cause the tide to turn.

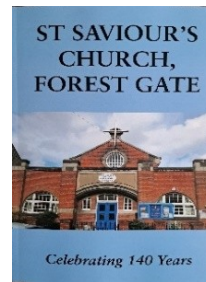
What fools we are to flee our post
In that unfruitful search
To find at last where problems loom
God proudly builds His church.

So let's keep working in our church
Until the resurrection.
And then we each will join that church
Without any imperfection.

WHAT IS THE CHURCH

The church is the whole community of faithful Christians in heaven and on earth called and formed by God into one people. The church on earth gathers to worship God in Word and Sacrament, to serve God and neighbour, and to proclaim the Gospel in word and deed to the ends of the earth.

(*To be a Christian – An Anglican Catechism p. 49*)



Please remember to promote and purchase a copy of our book. The majority of the proceeds will go towards helping to sort out our heating. **Donation: £10** Thanks.

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